



Woodsetton School

Executive Headteacher: Mr D C Stanton

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Wednesday 15th May 2024

Dear Parents / Carers,

As previously shared in a letter in March, our Jigsaw PSHE theme for the second half on the summer term will be 'Changing Me' in all classes. This theme include the statutory requirements that we must teach to cover 'Relationships, Sex and Health Education'.

Our new school website has the relevant information and policies for you to look at and read if you wish to, that explain what we teach and deliver in school through this theme.

We also held a parent information workshop in the Autumn Term where I shared and explained what we would be covering and have to teach to meet the statutory requirements set out by the Department of Education. If you would like to find out more about what was shared in the workshop please contact the school office.

Please find attached a copy of the knowledge organiser for the 'Changing Me' theme for your child's class that includes what they will be learning about in the second half term.

Yours Sincerely,

A handwritten signature in cursive script that reads 'Becky Gibbons'.

Becky Gibbons

Assistant Headteacher

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Jigsaw Jino's Journey

birth

love

Changing Me

nutrients

How can I cope positively with change?

I will learn about...

- The changes that happen from birth (animals and humans)
- How babies grow and what they need
- How boys' and girls' bodies change on the outside and inside as we grow
- Why change is necessary as we grow older
- Family stereotypes
- The things I am looking forward to



mother

womb

affection

I will explore...

- How I feel about babies or baby animals
- How I might feel about a new baby in my own family
- How to recognise my feelings and cope with change
- How I feel about stereotypes
- The changes that I might want to make as I grow older

care



stereotypes

babies

puberty

roles

Jigsaw Jo's Journey

control

dislike

like

Changing Me

How can I cope positively with change?

appearance

I will learn about...

- Life cycles in nature
- Growing from young to old
- How my body changes
- The physical differences between boys and girls
- Why some parts of my body are private
- Different types of touch and which ones I like and dislike
- The things I am looking forward to



communication

independence

I will explore...

- How some changes are outside of my control and how I feel about it
- People who I respect that are older than me
- How it feels to become independent
- What I like about who I am
- How to ask for help
- Changes that I might choose to make as I grow older

private

physical difference

comfortable

teenager

child



uncomfortable

nervous

Jigsaw Jenie's Journey

Changing Me



hand

How do we change as we grow?

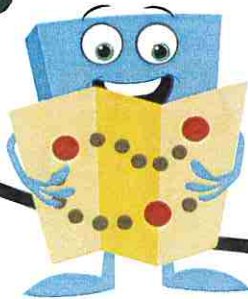
healthy

I will learn about...

- The different names for parts of my body
- Respecting my body
- Healthier food choices
- Changes I might face such as moving class
- How I change as I get older
- How to talk about my worries/fears
- How to talk about the things I am looking forward to

child



ear



chest

head

nose

eye

foot

What can you see?

arm

leg



Jigsaw Jack's Journey

changes

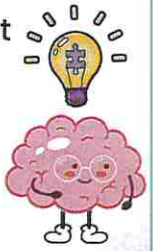
Changing Me

worried

How can I cope positively with change?

I will learn about...

- The life cycle of animals and humans
- How I change as I get older
- The things about me that stay the same
- Changes that have happened in my life



life cycles

special

I will explore...

- How I feel about change
- Why change happens and is a part of growing up
- The changes that everyone will go through at different rates
- How to respect my body and know which body parts are private
- How to cope with change

private

growing up

coping

baby

adult

male

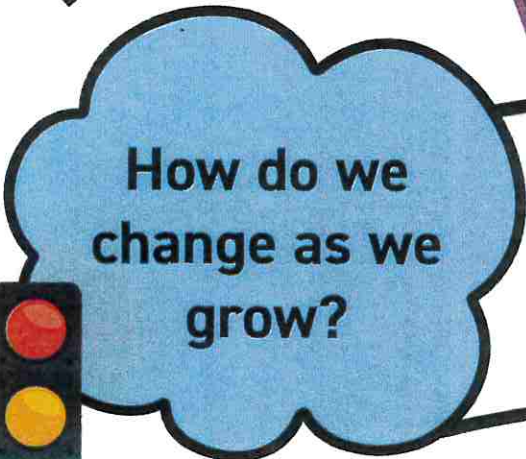
female



Jigsaw Jenie's Journey

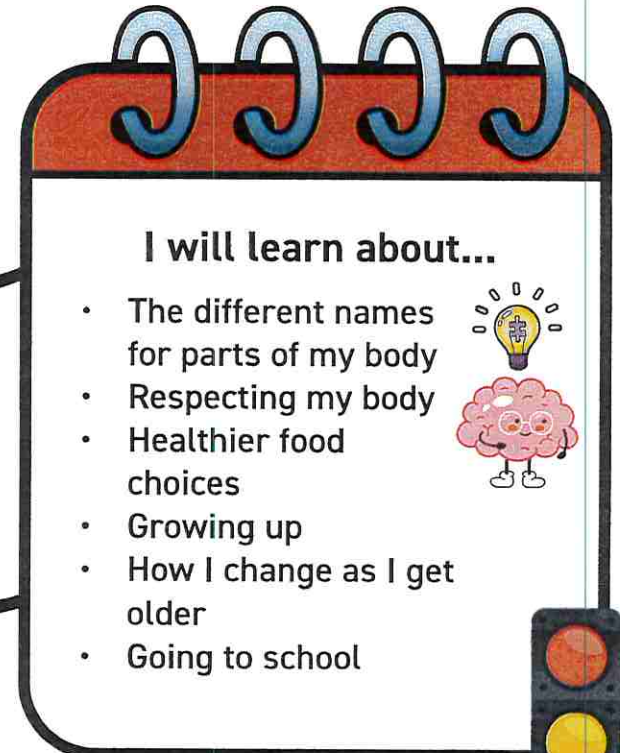
Changing Me

hand



How do we change as we grow?

healthy



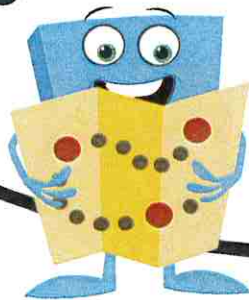
I will learn about...

- The different names for parts of my body
- Respecting my body
- Healthier food choices
- Growing up
- How I change as I get older
- Going to school

grow

child

ear



chest

head

What can you see?

nose

eye

foot

arm

leg